

## 5Q Instructions ©

It all began in the Middle East, a land of mystery and intrigue, with Sheiks, who while riding gaily decorated camels and spirited horses, ruled the desert with golden sceptres and gilded swords. This was the birthplace of the famed puzzle rings. Centuries ago these puzzle rings served as wedding bands, and were worn by women of nomadic tribes. The husband held the secrets of the rings. This guaranteed his wife's faithfulness, for the ring once removed from her fingers would fall apart.

<p>1. Place center "Q" band in your left hand between your thumb and forefinger. This band has the "U" shaped top. Then turn the u shaped part into the 4 loose bands holding the center of the flat part (bottom of band).</p>	<p>2. Turn the ring over and be sure that the two bands that are the outside bands (half round on one side and flat on the other) are sitting across the "Q" band.</p>	<p>3. Turn ring back over and switch hands. Bring the band with the "Jose" stamp up and parallel to the "Q" band. Place the other irregular shaped band (not an outside band) in your left hand.</p>	<p>4. Bring the band up so that it is parallel to the "Q" and "Jose" band. Start to turn the band in a clockwise motion over the "Q". Do this until you have completed a 180-degree rotation.</p>	<p>5. The irregular shaped band should end up back in the outside position with the "Q" in the center. This will lock the remaining two bands.</p>	<p>6. Bring the band that is closest to you up with the half moon shaped part in the middle of the ring.</p>
<p>7. The band should come up into place next to the three assembled bands.</p>	<p>8. Turn the ring around and repeat process by turning the remaining band until the half moon shaped part is in the middle of the ring.</p>	<p>9. Bring the band up and into place.</p>	<p>10. Congratulations, you have completed your ring.</p>		